UNIVERSIDADE FEDERAL DE SANTA CATARINA - UFSC

FEDERAL UNIVERSITY OF SANTA CATARINA

CENTRO DE CIÊNCIAS DA SAÚDE - CCS

SCHOOL OF HEALTH SCIENCES

PROGRAMA DE PÓS-GRADUAÇÃO EM NUTRIÇÃO - PPGN

POST-GRADUATE PROGRAM IN NUTRITION

**SYLLABUS**

**I - Identification:  
Course title**: **International Seminars on Health  
Course code:** NTR410160  
**Total class hours:** 30 h (2 Credit hours)  
**Weekly Credit Hours:** 2-2,5h  
**Professors:** Ana Carolina Fernandes (ana.fernandes@ufsc.br) – Instructor - 0,8C

Debora Kurrle Rieger Venske (deboravenske@gmail.com) – 0,6C

Júlia Dubois Moreira (juliamoreira@gmail.com) – 0,6C

Postdoctoral fellow Anice Milbratz de Camargo ([anice.camargo@gmail.com](mailto:anice.camargo@gmail.com))

**Level:** PhD students in health and other areas of life sciences   
**Year/semester:** 2024/1  
**Schedule:** Thursday, 2 pm (on alternate days)

**Local:** online conference room: <https://conferenciaweb.rnp.br/webconf/international-seminars-on-health>

**Course management system:** Moodle – UFSC

**Technology:** on-line lectures, exercises, and discussions, using computer and internet access

**Textbook / materials:** available online and/or shared at Moodle

**II – Course Description**

Activities on how to contact and talk to researchers from abroad. Seminars and discussions on topics related to the area of health and other areas of life sciences: current themes and/or advanced studies and/or scientific methods and/or academic trajectory and/or others of interest to students.

**III – Course Objectives**

Promote the development of skills for contact with researchers from abroad. Promote international seminars and discuss topics of interest to students in health and other areas of life sciences in English.

**IV – Learning Objectives**

* Interact with professors and colleagues in English.
* Demonstrate skills to contact researchers from abroad.
* Create scripts to discuss topics related to the area of health and other areas of life sciences with international guests.
* Articulate with guests, colleagues, and professors to promote a seminar, in English, with an international researcher in health or other areas of life sciences.
* Host and facilitate a seminar to be presented by the international guest the student articulates with

**V - Course Content and Schedule**

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| **Schedule** | **Course content** | **Instructor** |
| Week 1  March 07th  (2,5 hour) | 1. Who we are and what we will do 2. The four-step elevator pitch 3. Seminar planning   Survey of potential guests | All professors |
| Week 2  March 14th  (2,5 hour) | 1. International contact: understanding what we want and how to achieve our goals | Débora  Ana Carolina |
| Week 3  March 21th  (2,5 hour) | 1. The four-step elevator pitch - presentations 2. Seminar planning   Definition of potential guests | Júlia  Ana Carolina |
| Week 4  March 28th  (2,5 hour) | 1. Seminar planning   Elaboration of the e-mail | Remote |
| Week 5  April 04th  (2,5 hour) | 1. Seminar planning   Elaboration of the script | Júlia  Ana Carolina |
| Week 6  April 11th  (2,5 hour) | 1. Seminar planning   Elaboration of the script | Remote |
| Week 7  April 18th  (2,5 hour) | 1. Tips for the elaboration of the curriculum | Débora  Ana Carolina |
| Week 8  April 25th  (2,5 hour) | 1. Organization of the seminars   Definition of dates and times | Remote |
| Week 9  May 23th  (2 hour) | 1. Presentation of seminars:  * Guest 1 * Guest 2 | All professors and guests |
| Week 10  June 6th  (2 hour) | 1. Presentation of seminars:  * Guest 3 * Guest 4 | All professors and guests |
| Week 11  June 13th  (2 hour) | 1. Presentation of seminars:  * Guest 5 * Guest 6 | All professors and guests |
| Week 12  (2 hour)  June 20th | 1. Presentation of seminars:  * Guest 7 * Guest 8 | All professors and guests |
| Week 13  (2 hour)  June 27th | 1. Evaluations:  * Self-assessment * Course evaluation (How did we get here? Did the discipline contribute to our goals?) | Júlia  Débora |

**VI - Course's operating criteria**

The course will be taught in the English language, to enhance students' international communication skills, prepare them for global academic engagement and expose them to diverse themes, methods, and perspectives. Conducting seminars and discussions in English facilitates interaction with international researchers and builds confidence in academic presentations, aligning with academic language standards and preparing students for international networking opportunities. Thus, each student will be responsible for inviting an international researcher to present their academic trajectory and the steps that led them to the research topics they are currently studying. This student must contact the researcher, lead the seminar presentation, and act as a debater, asking questions according to a predetermined script. The e-mail draft and the script of questions should be posted on the course's Moodle and each student is required to provide feedback on at least one activity from each of their colleagues. Each seminar is expected to last between 30 to 45 minutes, including the researcher's presentation and group discussions.

**VII - Evaluation criteria**

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| **Assignments and weight** | **Description** | **Due dates** |
| 1) Presentation of a four-step elevator pitch (10%) | To present a 2-minute elevator pitch during class | Week 3 |
| 2) Drafting an e-mail to the international guest (10%) and give feedback to colleagues’ draft (5%) | To post the draft on the Moodle Forum and make revisions based on feedback from professors and colleagues | Weeks 4 and 5 |
| 3) Crafting questions for conducting discussions with the international guest – adequacy and pertinence of the questions, and adherence to the orientation of the teaching plan (20%) and give feedback to colleagues’ scripts (5%) | To post the draft on the Moodle Forum after the conclusion of the class and make revisions based on feedback from professors and colleagues | Weeks 6 and 7 |
| 4) Searching for a guest, and managing and facilitating the guest presentation - organization, commitment, and attitude (25%) | To successfully manage all aspects of the seminars with your guests throughout the course | Weeks 8 to 12 |
| 5) Attending, punctuality, and participation - the average between the teachers' grade and the student's self-assessment grade (25%) | To actively participate in classes and activities, and complete the self-assessment questionnaire | Weeks 1 to 13 |

**VIII – Course policies**

The classes are protected by copyright law. Downloading, reproducing, sharing, publicly communicating, transcribing, transmitting, among other actions, the content of the classes or any educational-pedagogical material is only possible with prior authorization.

Respect the privacy and image rights of both instructors and peers. Do not share screenshots, photos, etc., without explicit permission from all participants.

Students who violate this directive may be subject to disciplinary sanctions as outlined in Chapter VIII, Section I, of Resolution 017/CUn/1997.

Regarding synchronous activities, in accordance with JOINT CIRCULAR LETTER No. 003/2021/PROGRAD/SEAI dated April 20, 2021. To "protect rights and provide greater security in the virtual environment:

a) Students are expected to exhibit appropriate behavior in the academic context. Actions that are contrary to the physical and moral integrity of individuals, ethical, scientific, cultural, material, and even computer-related property, as well as the exercise of pedagogical, scientific, and administrative functions, may result in disciplinary proceedings against students, in accordance with Resolution No. 017/CUn/97, which provides possible penalties including warning, reprimand, suspension, and expulsion (dismissal from UFSC).

b) Image rights of both instructors and students must be respected, and it is prohibited to share, through any digital or physical means, the data, image, or voice of colleagues and the instructor without specific authorization for the intended purpose and/or for any purpose unrelated to the teaching activity, under the risk of administrative and judicial consequences.

c) All materials provided in the virtual teaching and learning environment are exclusively for educational purposes, and their use for any other purpose is prohibited, under the risk of administrative and judicial consequences.

d) Recording of synchronous activities proposed by students can only be done with prior agreement from instructors and peers, under the risk of administrative and judicial consequences.

e) Instructors must inform students if synchronous classes are being recorded and should respect students' freedom regarding the exposure of their image and voice.

f) The freedom to choose whether to expose one's image and voice does not exempt students from completing the originally proposed or alternative assessment activities, as specified in the course syllabus.

g) Materials provided in the virtual environment have specific usage and distribution licenses depending on each situation, and it is prohibited to distribute material for which the license does not allow or without prior authorization from instructors for materials authored by them."

**IX – References**

MIT Career Advising & Professional Development - Develop Your Elevator Pitch: <https://capd.mit.edu/resources/develop-your-elevator-pitch/>

Queen’s Univesity - Invitation Letter Templates: <https://www.queensu.ca/internationalvisitors/invitation/invitation-letter-templates>